

Youth

Sponsored by New Hope Parks & Recreation

recreation PROGRAMS



Sloppy, Goopy, Slimy Science

Youth ages 6-11, join Science Explorers for a day of experimenting! We'll explore the properties of a polymer by making and experimenting with different slimes, including one that glows in the dark! Students should bring a peanut-free bag lunch and water bottle.

314102-J: Monday, January 16 (non-school day)

Time: 9:30 a.m.-2:30 p.m.

Location: New Hope Ice Arena, 4949 Louisiana Ave N

Fee: \$42 Residents of New Hope, Crystal, Golden Valley and Robbinsdale

\$49 Nonresidents

Positively Pokémon

Youth ages 7-12, are you mad about Mudkip or passionate about Pikachu? Then this is the class for you! Join us for a fun afternoon of creating clay projects with a Pokémon theme.

313100-G: Monday, January 23 (non-school day)

Time: 1:30-4 p.m.

Location: Crystal Community Center, 4800 Douglas Dr

Fee: \$49 Residents of New Hope, Crystal, Golden Valley and Robbinsdale

\$56 Nonresidents



When I'm in Charge

This unique course offered by the American Red Cross is for youth ages 8 and older, who are ever home alone. The course will cover safety concerns such as arriving home, responsibilities, phone and internet safety, fire and gun safety and more. Book included in the

price of the class and a certificate will be issued upon completion. Parents are welcome to attend the last 30 minutes of class.

313504-A: Monday, January 16 (non-school day)
1-4 p.m.

313504-B: Monday, March 6
5:30-8:30 p.m.

Location: Brookview Community Center
200 Brookview Parkway, Golden Valley

Fee: \$52 Residents of New Hope, Crystal, Golden Valley and Robbinsdale

\$59 Nonresidents

Gymnastics

Our quality staff will provide their expertise to help participants achieve better physical fitness, coordination and gymnastics skills--all while having a great time. Instruction will be provided in the vault, floor, balance beam and uneven parallel bars. For information on advanced levels call 763-531-5151.

Location: Sandburg Learning Center (Gym A)
2400 Sandburg Lane, Golden Valley

Tuesday Sessions: January 10-March 7

Wednesday Sessions: January 11-March 8

Thursday Sessions: January 12-March 9

Saturday Sessions: January 7-March 4



Beginner Ages 4-5

Course 310801-C: Wednesdays, 6:15-7 p.m.

Course 310801-D: Thursdays, 4-4:45 p.m.

Course 310801-F: Saturdays, 9-9:45 a.m.

Fee: \$64 Residents of New Hope and Golden Valley
\$71 Nonresidents

Beginner-Intermediate Ages 6+

Course 310804-C: Beg/Interm 6-9 Wednesdays, 7-8 p.m.

Course 310802-D: Beginner 6-9 Thursdays, 4:45-5:45 p.m.

Course 310802-F1: Beginner 6-9 Saturdays, 9:45-10:45 a.m.

Course 310802-F2: Beginner 6-9 Saturdays, 12-1 p.m.

Fee: \$74 Residents of New Hope and Golden Valley
\$81 Nonresidents

Course 310803-B1: Interm 6+ Tuesdays, 5:30-6:45 p.m.

Course 310804-D: Beg/Interm 10+ Thursdays, 5:45-7 p.m.

Course 310803-F1: Interm 6+ Saturdays, 10:45 a.m.-12 p.m.

Course 310803-F2: Interm 6+ Saturdays, 12-1:15 p.m.

Fee: \$85 Residents of New Hope and Golden Valley
\$92 Nonresidents

Babysitter's Training Course

This American Red Cross course will provide youth ages 11-15 with the training and skills to become great babysitters. Participants should bring a bag lunch.

313501-A: Saturday, January 7

Time: 8 a.m.-4:30 p.m.

Location: New Hope City Hall, 4401 Xylon Ave N

Fee: \$78 New Hope residents
\$85 Nonresidents

New Hope Skating School

New Hope Skating School classes are based on the Ice Skating Institute's (ISI) Recreational Program for skaters ages 3 and older. Classes are taught by Dawn Landon and her fine staff. Participants will need skates (figure skates or hockey skates) with guards. Rental skates available for \$3 per visit. Tots are encouraged to wear helmets. Advanced group lessons and private lessons are also available. Call for details.

Location: New Hope Ice Arena, 4949 Louisiana Ave N

Monday Classes

Dates: January 2-March 13 (no class 2/20)

- 361201-A Tots ages 3-5, 6:30-7 p.m.
- 361203-A Alpha, 6:30-7 p.m.
- 361202-A Beginner ages 6-12, 7-7:30 p.m.
- 361204-A Beta, 7-7:30 p.m.
- 361207-A Adults, 7:30-8 p.m.

Saturday Classes

Dates: January 7-March 18 (no class 2/4)

- 361201-F Tots ages 3-5, 9:30-10 a.m.
- 361203-F Alpha, 9:30-10 a.m.
- 361202-F Beginner ages 6-12, 10-10:30 a.m.
- 361204-F Beta, 10-10:30 a.m.
- 361207-F Adults, 10:30-11 a.m.

Fee: \$88 New Hope residents
\$95 Nonresidents

- 361209-A Skate Rental (10 classes)
\$20 per person

Course Descriptions:

Tots/Beginner: Students learn the two foot glide, forward and backward swizzles, one foot glide and backward wiggle.

Alpha: Passed Tots/Beginner (or equivalent). Students learn forward stroking, forward crossovers on right and left, and one foot snowplow stop.

Beta: Passed Alpha or equivalent. Students learn backward stroking, backward crossovers and t-stops on right and left.

OPEN SKATING: The New Hope Ice Arena offers open skating most Fridays from 6:30-8 p.m. and Sundays from 4-6 p.m. Skate rental available. Schedule varies, call 763-531-5181 for details. Fee: \$4 per person.

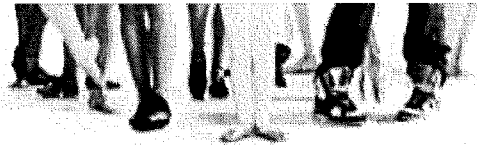
Dance Class

Here is your chance to try a beginner dance class! This class, for boys and girls in grades K-3, is designed for new students or beginners and will teach basic tap and ballet skills. No shoes or leotard needed. If you do purchase shoes, black tap and white ballet shoes are preferred. This class will not dance in a recital.

310230-A: Saturdays, January 14-March 18
11:30 a.m.-12:15 p.m.

Location: New Hope Ice Arena
4949 Louisiana Ave N

Fee: \$53 New Hope residents
\$60 Nonresidents




REGISTER WITH: New Hope Parks & Recreation
4401 Xylon Avenue North
New Hope, MN 55428

Refunds, program credits or transfers are allowed up to one week prior to the start of the program or by the printed deadline. In the event of illness or injury, a refund may be given when accompanied by a doctor's written verification. All refunds are subject to a \$5 service fee. Exceptions for ages cannot be made. Payment by check authorizes the city to use information from your check to make a one-time electronic fund transfer from your account. Phone registrations accepted with a major credit card.

Online Registration! Go to webtrac.nhrecexpress.com.

QUESTIONS? Call 763-531-5151

 www.facebook.com/newhoperecreation

Robbinsdale Area Schools does not endorse or recommend the activities announced by this publication. This publication was not printed at district expense.

2017 Winter Recreation Activities

Participant Name _____ Phone (h) _____ (w) _____

Address _____ City _____ Zip _____

Birthdate _____ Grade _____ Sex (M or F) _____ Parent/Guardian _____

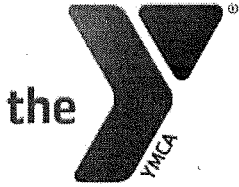
Does participant have a special need? _____ Email Address _____

Activity/Course _____ Date(s) _____ Time _____ Amount Enclosed \$ _____

I, the undersigned parent or guardian, authorize the City of New Hope to disclose to the City's insurer, attorney, staff, coaches, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity. I further give consent for any photos or videos taken during the program to be used by the City for promotional materials.

Parent/Guardian Signature _____ Date _____

Amer Ex/Discover/MC/Visa # _____ Exp Date _____ Security Code (3 or 4 digits) _____



EXPLORE. SUCCEED. EXCEL.

SESSION 1: BASKETBALL

January 9 - March 5

SPORTS CLASSES

Kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. The 8-week session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition.

SPORTS LEAGUES

Leagues consist of organized practices and team contests with coaches and officials. The first two weeks of the 8-week session will focus on skill development and teamwork, while the remaining weeks introduce scored games and meets along with continued practice. Leagues guarantee a minimum of 8 practices and 6 games throughout the session.

REGISTER NOW

at the New Hope YMCA

Class Pricing

Members: \$65

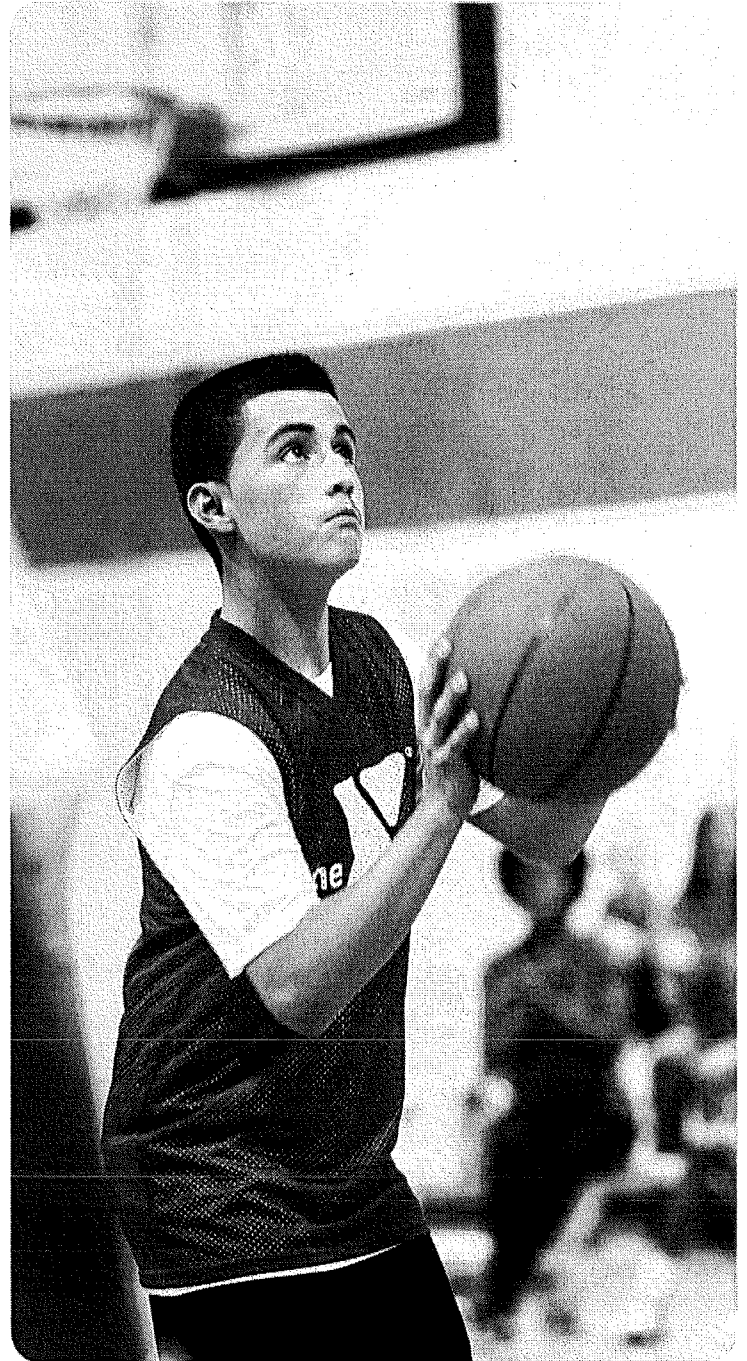
Non-members: \$90

League Pricing

Members: \$100

Non-members: \$125

Register for a league before December 18th
to receive \$15 off!



FREE BASKETBALL CLINIC!

Saturday, January 7th

9:00 am-10:00 am

K-2 grade

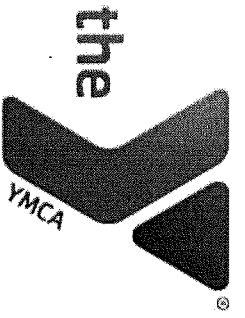
10:00 am-11:00 am

3-6 grade

Robbinsdale Public Schools do not promote the programs on this flyer and no school funds were used to print or distribute.



Official Orthopedic Medicine and Injury Prevention
Partner of the YMCA of the Greater Twin Cities.



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

LEAGUES & CLASSES

Dates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Tumbling Ages 3-5 8:45am-9:30am Soccer Class Grades K-1 5:30pm-6:15pm Soccer League Grades 2-3 6:20pm-7:20pm Grades 4-5 7:25pm-8:25pm	Tumbling Ages 3-5 8:45am-9:30am	Soccer Class Ages 3 9:30am-10:00am Ages 4-5 10:15-11:00am Basketball League Grades 2-3 5:30pm-6:30pm Grades 4-5 6:35pm-7:35pm Grades 6-8 7:40pm-8:40pm	Young Athletes Ages 2-7 5:00pm-5:45pm Soccer League Grades 6-8 7:00pm-8:00pm	Basketball Leagues Grades 2-8 8:00am-2:00pm Soccer Leagues Grades 2-8 11:00-3:00pm	